

# Aster Care Home



Aster Care Home  
26A Belle Vue Grove  
Middlesbrough  
TS4 2PX  
Phone Number: 01642 852324  
Fax Number: 01642 852317

## Welcome to Aster care Home

At Aster Care Home, our aim is always to provide person-centred and compassionate care within a Homely setting. We focus on preserving the dignity of our elderly residents, whilst enabling residents to be as independent as possible. We provide a tailored plan of assistance and care within a stimulating and homely environment, working together with residents and families to ensure that all our residents continue to get the best out of life.

## Where we are

Aster care Home is situated off Marton Road on Belle Vue Grove and Adjacent to James Cook University Hospital in Middlesbrough. All Local amenities are just a short walk away - including a chemist, post office, selection of public houses, shops and supermarkets.



## Aster care Living

Aster care home is set in well maintained grounds and has a large enclosed garden that is easily accessible for residents. Residents and their family and friends can enjoy relaxing outside on the furnished patio in the warmer months

Our home is well equipped and well maintained. All rooms are tastefully decorated and benefit from en-suite facilities. Wherever possible, we encourage residents to personalise their rooms and assisting in choosing the colour scheme, they can also bring in small items of furniture and other personal items.

### **Features include:**

- Large, spacious and furnished suites with private bathroom facilities
- Library
- Hair and beauty salon
- Shop
- Internet access
- Laundry service
- Dining room with varied daily menu choices
- Private, landscaped gardens with seating

## Activities

We encourage residents to follow hobbies and interests with regular trips arranged to local places of interest. We have a dedicated Activity Co-Ordinator who ensures all residents are offered a range of activities to suit their needs and requirements.



## Types of stay

Stays within Aster Care Home can be tailored to individual need and include:

- Residential care Nursing care Dementia care
- Respite care

We are committed to providing the highest possible standard of individualised, person-centred care undertaken with respect and dignity in a safe, comfortable and homely environment providing stimulation and re-ablement where appropriate.

## Young Adult centre

Our Young Adults Centre is a modern, purpose built unit with luxurious and modern facilities within a homely, safe and stimulating environment. The Unit is designed to meet the specialist needs of young clients aged 18-65.

## Staff

Our staff are specially trained to help manage the unique needs of residents with varying degrees of care needs whilst ensuring at all times that our care delivery remains person-centred.

Our person centred approach means that each resident is an individual treated with respect and dignity. Each resident has a named care co-ordinator and Key Worker with an individual care plan.

Residents, and where appropriate their families, are involved, as far as practical, in the decision making regarding their care

Aster Care Home has a team of qualified nurses complimented by well-trained and dedicated care assistants that provide an excellent standard of care 24 hours a day.



## Meal times





- A cooked Breakfast is available from 8am till 10am. A breakfast of Cereal toast and fruit is available until 10.30am
- Lunch is served between 12pm - 13.30pm there is a choice of 2 different dishes daily except on a Fridays and Sundays where traditional fish and chips (or egg if requested) is on a Friday, and a traditional Sunday roast is served on Sundays
- The evening meal is served between 17.00pm -18.00pm. There is a choice of hot and cold meals daily
- Residents can always ask for tea and light snack in between the scheduled meal times

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Manager@astercare.co.uk  
www.astercare.co.uk





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[www.astercare.co.uk](http://www.astercare.co.uk)